

All Ireland Open Tae Kwon Do Championship

6th/7th June 2009

Dublin, Ireland.

Tournament organizer
Patrick White
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Weston Park,
Lucan,
Co Dublin.

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Dear Instructor

You and your students are invited to attend the All-Ireland Open Tae-Kwon-Do Championships on the weekend 6/7 June 2009.

Saturday the 6th June we have the junior divisions we start with junior patterns at 9am followed by junior team patterns go to www.bestofthebest-ireland.com scroll down to all- Ireland logo for full breakdown of divisions.

Sunday the 7th June we have senior colour belt and black belt divisions starting with patterns at 10.00am followed by team patterns.

We have a lot of divisions to suit all ages, junior and senior patterns, junior and senior team patterns, junior and senior sparring, points and continuous, we also have point's team events for juniors and seniors, plus breaking for seniors.

Coaches on Saturday the 6th June we are holding an International Black Belt 5 man continuous team sparring event at 4pm. This is open weight, each association can enter a maximum 2 teams in the event, and this event will take place at 4pm. The event is open weight.

The cost per team is 100 Euro.

The cost for is Juniors 40 Euro, for this a junior can enter up to 4 events. Junior patterns, team patterns, individual sparring and team sparring.

The cost for seniors is 50 Euro for this a senior can enter up to 5 events. Senior patterns, team patterns, individual sparring and team sparring and breaking

Please register your details before the tournament date through the web site or by post. Entries must be posted back to address above by Friday May 29th entrance fees can be paid on the day by cash or bankers cheque (no personal cheques).

The Tournament hotel is the Maldron Hotel City West, this hotel is only 2 minutes walk to the competition venue, plus 8 miles from Dublin Airport, and I would also like to add that the rates in this hotel are very good.

Please don't hesitate to contact me anytime through the contact details above.

Yours in Tae-Kwon-Do

Patrick White

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Instructors/Coaches, spectators have free admission into the All-Ireland Tae Kwon-Do Championships please let me know from a health and safety point how many spectator tickets you require. Cheers Pat

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Individual patterns

Division: Junior/Senior Patterns Pattern allowed present grade and grade above

Juniors under 18Years

Patterns: Boys and Girls Separate

White –Yellow/Orange Together. (3 Divisions)

Age -8yrs

Age 9-13yrs

Age 14-17 yrs

Green Up to 13 Yrs, 14-17Yrs(2 Divisions)

Purple/Blue Up to 13 Yrs, 14-17Yrs(2 Divisions)

Red Up to 13 Yrs, 14-17Yrs (2 Divisions)

Black Belts Separate Division

Pattern allowed present grade and grade above

Division: Senior Patterns

Adults 18 Years Up

Patterns: Male and Female Separate

White -Yellow Together

Green

Blue

Red

Black Belts Separate Division (see website for full breakdown of if there is not 6 or more in each division they will be merged.

Executive Divisions 35Yrs+

Separate Divisions

Only one division per competitor

White –Yellow/Green Division

Blue/Purple/Red Belt Division

Black Belts Separate Division

Individual and team patterns

The referee must observe with attention the competitors' actions and take into consideration and judge according the following parameters:

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<u>Individual Pattern</u>	<u>Team Pattern</u>
	Presentation, Teamwork and Choreography
Technical Content	Technical Content
Power	Power
Balance	Balance
Breath Control	Breath Control
Rhythm	Rhythm

Individual patterns will be judged by 5 seated Black Belts .The highest ranking grade (foreman) will, prior to patterns commencing inform the judges what parameters to look for with regards to awarding scores.

The score of 6-8 points will be used to score junior and senior coloured belts.

The score of 8-10 points will be used to score junior and senior black belts.

The highest and lowest score will be taken away to leave the competitors score.

The 3 pattern rule will be used this is, we look at the first 3 competitors then call them back out to give them their score.

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Team Patterns

Junior team Patterns we have 3 divisions 3 to a team for juniors, boys and girls can be mixed.

Juniors white-yellow belt

Juniors green-blue belt

Juniors red-black belt

Adult male team Patterns we have 3 divisions

Adults white-yellow belt 3 -- 5 to a team

Adults green-red belt 3 – 5 to a team

Adults black belt 3 --5 to a team

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Adult ladies team pattern

White-green belt 3 to a team

Blue-black belt 3 to a team

Instructors if you are have difficulties in matching grades for team in both team patterns and team sparring you can move a grade up but not a grade down.

In pattern team if you move a lower grade up the team can only do a pattern of there grade or above

Junior and Senior points team sparring

Junior divisions, girls and boys sererate 3 to a team

White-yellow belt (these wil be divided into heights (as fair as possible)

Green-blue belt (these wil be divided into heights (as fair as possible)

Red-black belt (these wil be divided into heights (as fair as possible)

Senior male points sparring team divisions

White-green belt 5 to a team

Blue-black belt 5 to a team (If there is not enough grades to make up teams they can be miked.)

Senior female points sparring team divisions

White-green belt 3 to a team (If there is not enough grades to make up teams they can be miked.)

Blue-black belt 3 to a team

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Junior boys and girls points and continuous sparring divisions
instructors please check junior divisions carefully as we have
points and continuous check the age groups allowed per
divisions

Junior Boys and Girls Points Sparring only
White and Yellow
4Yrs-5Yrs Mixed Only
6Yrs -7Yrs
8Yrs-9Yrs
10Yrs-11Yrs
12Yrs-14Yrs
15Yrs-17Yrs

Junior Boys and Girls Points Sparring only
Green and Blue
8Yrs-9Yrs
10Yrs-11Yrs

Junior Boys and Girls Continuous Sparring only	
Green and Blue	
12Yrs-14Yrs	
15Yrs-17Yrs	
Weights	
Boys	Girls
1 Up to 55kg Light	Up to 55kg Light
2 56kg-65kg Middle	56kg+ Heavy
3 66kg-75kg Heavy	
4 Over 75kg S-Heavy	

Junior Boys and Girls Points Sparring only
Brown/Red and Black
8Yrs-9Yrs
10Yrs-11Yrs

Junior Boys and Girls Continuous Sparring only	
Brown/Red and Black	
12Yrs-14Yrs	
15Yrs-17Yrs	
Weights	
Boys	Girls
1 Up to 55kg Light	Up to 55kg Light
2 +56kg-65kg Middle	56kg+ Heavy
3 +66kg-75kg Heavy	
4 + 75kg S-Heavy	

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Division: Senior male and female points and continuous Sparring divisions

Senior Male and Female Points Sparring only
White / Yellow belt

Senior Male and Female Points Sparring only
Green and Blue Tag

Senior Male and Female Continuous Sparring only	
Blue and Red	
Weights	
Male	Female
1 Up to 69kg Light	Up to 58kg Light
2 +70kg-76kg Middle	+58kg Heavy
3 +76kg Heavy	
4	

Senior Male and Female Continuous Sparring only	
Black Belt	
Weights	
Male	Female
1 Up to 63kg Light	Up to 58kg Light
2 -70kg Middle	-65kg Middle
3 -77kg Heavy	+65kg Heavy
4 +77kg S-Heavy	

Executive Male and Female Points Sparring 35 years+
Yellow / Green belt 35Yrs+
Blue / Red belt 35Yrs+
Black Belt 35Yrs+ 40y+yrs
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